

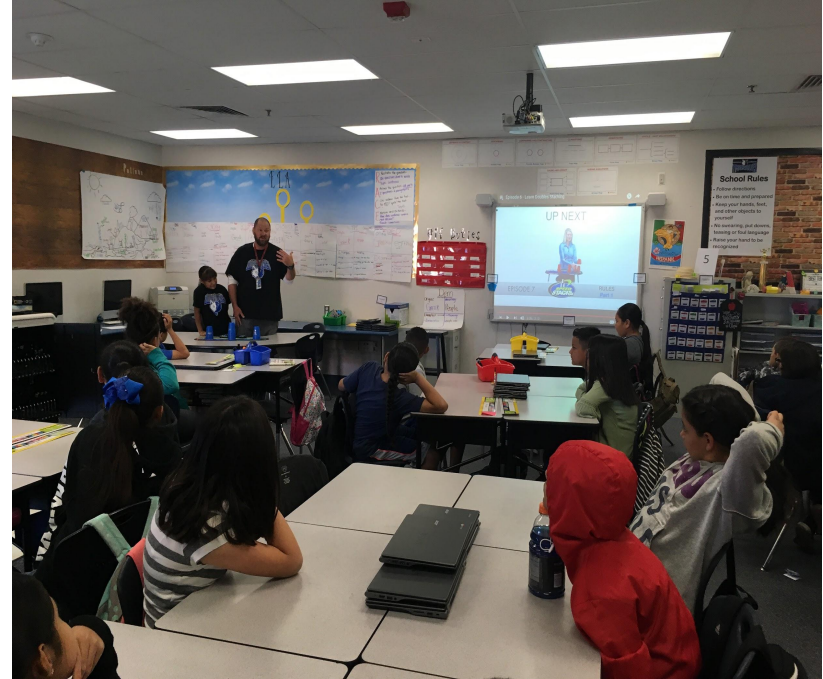
# Don't Let The Weather Ruin Your Day!

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# Different Indoor Scenarios



# Different Indoor Scenarios



# Purpose

These games could be used for anything- inclement weather, testing, when you lose your typical teaching space, working on team building, etc. A lot of these games could be used for everyone to get to know each other and build rapport. Indoor activity space might reduce external distractions.

Some things to remember:

- indoor procedures (noise levels, etc)
- stop and go cues (go words, music, hand signals, etc)

## No set up

**King/Queen Rock, Paper, Scissors-** Set up two chairs at the front of the classroom designated as the king and queen “thrones”. The student’s objective is to become a king or a queen by winning at rock/paper/scissors matches.



# Kings and Queens (Rock, Paper, Scissors)

## Levels:

- 1) Baby- students crawl on their hands and knees (rock, paper scissors with hands)
- 2) Toddler- students on their knees (rock, paper scissors with hands)
- 3) Adolescent- students walk (rock, paper scissors with feet)
- 4) Compete for the throne (rock, paper scissors with feet)

\*If you win, you move up a level.

\*You can play it so when you don't win, you move down a level or you go all the way back to level 1.

## No set up

**Switch and rotate** - Form single file lines. Students will walk around the floor/desks. When the instructor says “SWITCH” the person in the front of the line goes to the back. There is now a new leader. When the instructor says “ROTATE” the line turns 180 degrees and goes the opposite direction.

## No set up

**Wolves in sheep's clothing-** Students switch desks with their barnyard animal and try to determine who the wolf is.

- teacher picks wolf (who moves every time)
- everybody else picks from teachers preselected animals.
- when your animal is called you move to a different seat.

The objective is for the class to figure out who is the wolf.



***(No setup) Say What I Say and Do what I say.....***

1. Step left
2. Step right
3. Step forward
4. Step backward
5. Jump **TWO TIMES**
6. Spin right

***(No setup)* Say what I say, but do the opposite.....**

1. Step forward
2. Jump right
3. Spin left
4. Jump backward
5. Step right
6. Step forward

**(No setup) Say the opposite of what I say, but do what I say.....**

1. Step backward
2. Jump left
3. Spin right
4. Jump forward
5. Step left
6. Hop **TWO TIMES** on right foot

Say the opposite of what I say and do the opposite twice.....

1. Step left
2. Hop **TWO TIMES** on left foot
3. Step forward
4. Spin left
5. Jump **TWO TIMES**

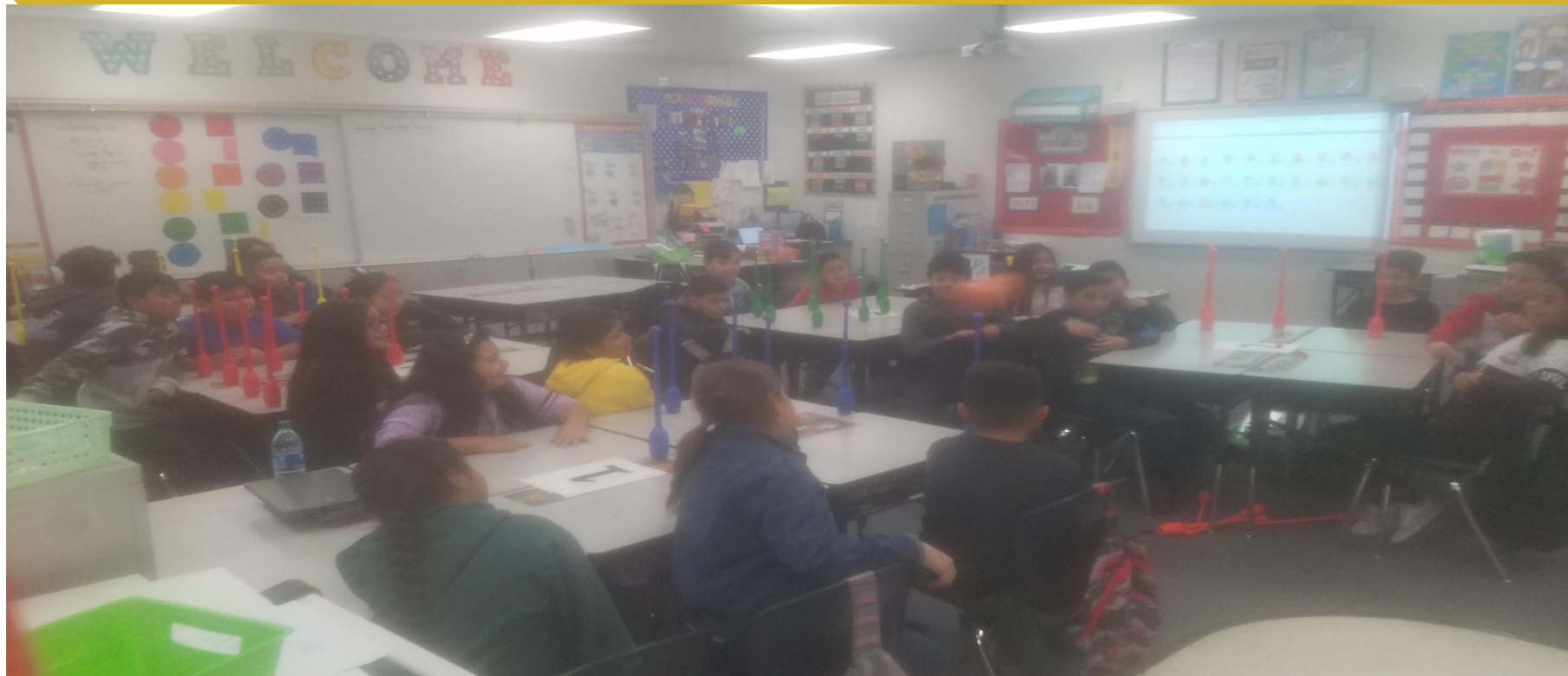
## Minimal Set-up

**Word Scramble (2-6)** - Create a pile of letters (a-z), and one student from each group will hurry to grab a letter to bring back to their group. The goal of this activity is to keep students moving and create the most words possible with the letters they have collected as a group.

## Classroom with desks

**Target Practice (Bowling pins)**- Divide class into groups of 5 to 8. Three to six table groupings total, (six ideal). Each table group receives (5 to 10 pins). Tables take turns rolling the die to determine which table their group will be throwing at.

# Target Practice





## Classroom with desks

**Air Putting (3-6)** - Set up a few desks end to end creating a long narrow pathway. Tape a cup to the end of the last desk. The goal is for students to work together to move the ball from the far end (without the cup) down the pathway and into the cup with only the air from their mouth. You can let them discover on their own or you can have a few on either side of the desks.

## Classroom with desks

**Pattern Roll** (Tennis balls)- Divide class into groups of 5 to 8. Create a team pattern (rotation). Cannot roll the ball to someone to your immediate right or left. Add a ball after every two successful rotations. If ball hits the ground, start back at one ball.

# Pattern Roll



# Tech Involved

<https://jeopardylabs.com/play/2018-03-12-259>

Jeopardy- jeopardylabs.com

Kahoot- kahoot.com

Quizlet- quizlet.com

Go Noodle- gonoodle.com

Movelt by The PE Geek- Google chrome extension-

Link to activities/ lesson plans

<https://bit.ly/38jZHbd>